

*nurture Your True nature™*

# **Essence, Being & Personality**

***Seven Layers  
of your Real  
& True Nature***

***A Simultaneous Journey from the  
Inside → Out, and the Outside In***

***Elizabeth C. Wagner***



**Spirit Intergration:**  
**To Liberate Your Authentic BluePrint!**

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**“If you bring forth what is within you, what you bring forth will save you. If you do not bring forth what is within you, what you do not bring forth will destroy you.”**

**(Taken from the Gnostic Gospels uncovered at Nag Hammadi)**

**Jesus Christ**



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**Essence, Being & Personality Program:** 10-sections, 446 pages



**Acknowledgments for Essence, Being & Personality**

My deepest thanks go to all my teachers along this journey called life. These include my guides and teachers who helped me in the process of choosing this particular life; my parents who were my first teachers and set up certain lessons and patterns that would motivate me to find a deeper and more meaningful purpose for some of my experiences that seemed painful at the time; the great traditional teachers down through the ages whose shoulders we stand on; my elders who have gone down this path a few steps ahead of me and shared what they knew; and for all my students and friends who taught me more than they will ever know.

Special thanks go to my friend and colleague, Daniel Schaunaman, for reading and editing the third edition of this program; and for his enthusiasm as he started to read about the sacred laws and layers of Sacred Typology and came running in and said: “I finally understand what the concentric circle is all about, and I can see you are building up the layers, and they all fit one on top of the other, are all interconnected and interrelated, and show how this is a multi-dimensional universe.” That’s the day that I finally felt like I had completed my task. It took three editions and this third one seems to be the charm.

Deep thanks also to my dear friend, colleague, publisher and *Jump In Time* business partner, Kristy Alagna, for her enthusiasm and efforts to read, edit and get the messages from the Sacred Typology *nurturing Your True nature* programs out to the public.

Gratitude to my friend, Scot Corry, for his interest, questions, comments and feedback regarding the enneagram and the Law of Nine material. He contributed and gave permission to use the phrase “*The Life Circle of Drama*” as a description for the False Personality enneagram.

Appreciation to Gil Stamp for reading and sharing his thoughts and suggestions regarding Gurdjieff, the Fourth Way Work, and Bob Hess’ perspective on the Law of Nine.

## **Forward**

*When I first embarked upon the journey of expressing the knowledge of **Sacred Typology** through what some call universal laws, and others call sacred laws of the universe, I had over 20 years of study and direct practical application in my own lifestyle, along with my own personal experiences of working with hundreds of students over the years.*

*There were also hundreds of pamphlets, articles, video and audio taped lectures produced during those years that I attempted to synthesize into a fairly short and concise overview, with the aim of sharing how I see and understand Typology with those who come to me looking for a way to rebalance some aspect of their Life and/or Self.*

*This has been a daunting task to say the least. When my teacher passed on, he left a wealth of resources and experiences from our partnership of producing those materials, and then sharing them with students while running a self-development university.*

*Back in the 1980's, most students didn't have the opportunity to see a complete overview of how all the comparative traditional medicines and languages of Typology fit together. Most often, there seemed to be a medicine, perspective, language that most suited an individual and that particular mind-set was the one they studied and used as their way – their ladder – for their own personalized program and path of growth, evolvment, self-development, medicine and way of rebalancing to become the most and best that was within them.*

*Times have changed and consciousness has shifted and evolved. These days more people are more aware, comfortable or even conversant with terms such as “meditation, holistic medicine, yoga” and even “astrology.” Back then most people had never been in a health food store, and now there are few who haven't been in one, at least once.*

*The following presents **Sacred Typology** by referencing a number of sacred or universal laws. One could spend a lifetime studying, learning, growing and evolving with just one of any of these sacred laws. However, each one is a slightly different kind of tool, and represents a slightly different aspect or layer of our Self. Each one has within it a perspective and medicine that can be used as a tool to rebalance or develop a particular aspect of our Self.*

*This particular program has gone through a number of revisions. The first edition was the first attempt to consolidate, synthesize and bring the **Sacred Typology** information back together again, all in one place, and had more of a historical focus. Over the years I received various kinds of feedback and requests. Some people didn't understand how **Sacred Typology** was a medicine, some wanted more about the cosmic or spiritual perspective – so the second edition expanded those areas and minimized the historical information. The intention of this edition is to give equal attention to all three perspectives: historical, cosmic and medicine points of view.*

*This program also shares more about the Law of Nine, the enneagram and how False Personality or egotism operates. Although this aspect is a layer outside of our real and true nature, it gives us a way to discern between what is real and what is false – what is truth and what is a lie, what to nurture and what to release and let go of.*

*In regards to Essence, Being and Personality Typology, what is presented here are extractions and summaries of much larger volumes of work and study that can be pursued if you have the desire to know, be or do more in any particular area.*

*This is not intended to be a study of each form of medicine. Instead, the intention is to share enough about each perspective to give a basic introduction and understanding of each layer, and the different types within each layer. This then allows your identity to be built upon a foundation of your real and true inner nature.*

*This perspective also shares how each of the ancient medicines and forms of typology are interrelated and interconnected. Many teachers and healers may practice or be familiar with one or a few of these perspectives. Knowing the correspondences through each of the seven layers and forms of medicine provides a way to expand and unify this understanding with other systems and perspectives of healing.*

*Those who have studied any of the classical or typological medicines may find some differences with **Sacred Typology** – both with the charts and diagrams, as well as the organization of the energies. This is primarily because **Sacred Typology** shows how each of the sacred laws and forms of typology correspond and align with the Law of Seven. In other words, how typology by two fits with seven, typology by three fits with seven, typology by four fits with seven, typology by five fits with seven, and typology of six fits with seven.*

*Among other things, my teacher's work was the beginning of showing the interrelationships and correspondences between all forms of Classical Traditional Medicines and typologies. My own work seems to have focused on the two subjects that interested me most (Typology and The Ray) and further clarifies how each of the various typologies and healing methods align with the Law of Seven and the Ray.*

*On a personal level, this program explains the seven layers of your own **Sacred Typology Chart**, and the process of integrating the three layers of your Essence, the three layers of your Being & the layer of your real and true Personality. This process is a simultaneous journey from the inside→outward and the outside inward. It is a process of waking up and moving from an unconscious state to becoming more conscious.*

*What is the value of this process? It reveals who you Really are as an energetic multi-dimensional being and liberates your authentic blueprint, which then allows you to live your fullest potentials.*

*The **Sacred Typology Chart** is a picture of your authentic blueprint. **Sacred Typology** sees all sacred laws, layers and forms of typology as unified. The process of Becoming unified often requires working from the outside-in, and from the bottom-up. The process of Being unified sees the fullest potential in Being as already being fully realized from the Inside→Out and the top-down.*

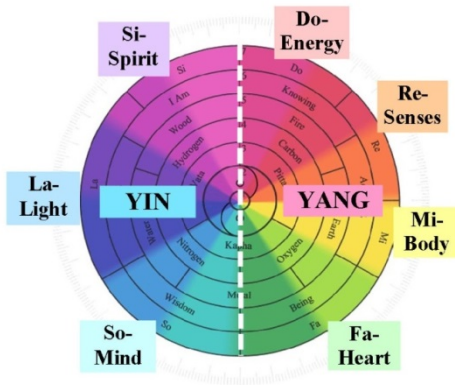
*Being your fullest potential requires the functioning of all seven energy centers. Your level of Being is read by how many of these energy centers are operational and functioning. **Sacred Typology** does not read level of Being, how much Light or integrity you have, how often you follow your conscience or how conscious you are.*

***Sacred Typology** is a top-down view of the authentic blueprint of your fullest potentials when you are in alignment with the seven layers of your Essence, Being and real and true Personality. Therefore, it sees everyone as having full potential for **Light, conscience (La), consciousness and enlightenment (Si)**.*

## 2-3-4-5-6-7 Types on Seven Centers-Laws-Layers

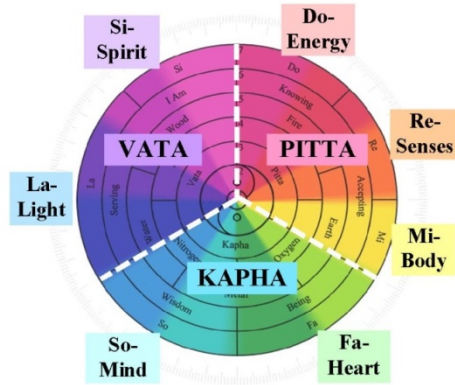
### Laws of BEING: 2-4-6

#### Type by Two

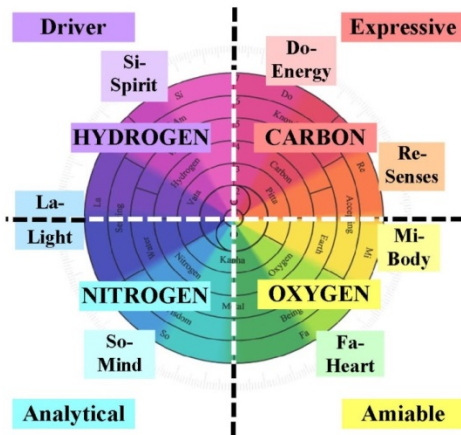


### Laws of BECOMING: 3-5-7

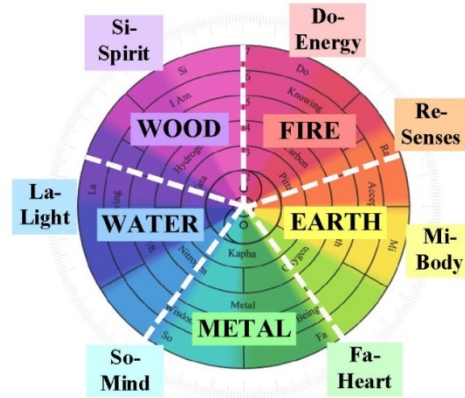
#### Type by Three



#### Type by Four



#### Type by Five



#### Type by Six



#### Type by Seven

