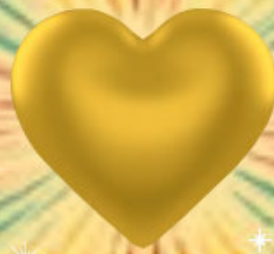


nurture Your True nature™

Conscious Entertainment: Dancing with the Energies



***How to Choose Love over Fear
for Transformational
Living & Being***

Elizabeth C. Wagner

Heart Expansion:
to Transform your Life,
Relationships & Purpose!

★ ★ ★ ★ ★

**“Learn as if you
were going to live forever.
Live as if you
were going to die tomorrow.”**

Mahatma Gandhi

#13: Male-Yin-Vata-Hydrogen/Driver-Wood-I Am-La Note 4

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Twenty-five Movie Typologies list typological genre and qualities of the movie, value and moral of the story, and typology of the primary actors and actresses; color-coded to enhance and quicken the ability to read typological energies, qualities and characteristics via actors, actresses, directors, writers and producers. Playsheets include how to choose movies by the type of energy you need, issues you're dealing with or type of energy you want to learn more about.

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Ten Movie Typologies reveal that each type has a unique way of how they go about doing things, and that purpose, aim, direction and destiny isn't about what you do, it's **how** you go about doing it. Twelve genres of celebrities reveal that all types can be successful within the same field. Playsheets with ten popular movies as examples of the genres of: golf, football, baseball, basketball, newscaster-journalists, classical music, contemporary and jazz music, U.S. presidents and political families; American civil war players; alternative lifestyles.

Conscious Entertainment Program: 8-sections, 378 pages

Acknowledgments for Conscious Entertainment

I thank my mother, Virginia M. Skyegoalz, for her steadfast receptivity to and belief in the value of the Sacred Typology information, and her continuing support throughout the process. Her not having prior knowledge of the language of Typology inspired me to share this information in a way that older generations, without prior background, could understand and relate with.

Deep appreciation goes to Lizz Evans for her friendship, *longing to know* questions, and a beautiful dance of bhakti relationship that inspired me to bring the sacred diagrams and language of Typology to life via sharing my own examples of how to relate and apply them as a way to *turn the energy* as well as share steps in the process of aligning with our heart, soul and uncovering our soul contract. Her special gift with music created the inspiration for the Celebrities by Genre and Music Genre sections.

Thanks to Devon Corry for his comments and inspiration. From his disbelief in the reality of being able to live a fairy tale life, sprang the title to the section *Living a Fairy Tale v. a Horror Story*. Also, him not being familiar with the names of many actors or actresses when watching a movie is what inspired me to add a reference to the character an actor played in a particular movie. Not being aware of the language of Typology, and finding the *Essence, Being & Personality* program a bit studious, inspired me to create a way to share Typology in a fun way – with movies, and to start with comedians. His favorite activity is video games, thus sharing a way to notice and experience Typology through the video genre. His favorite comedian is Chris Rock, and they happen to be the same type. I began to wonder how many of the celebrities I love to watch are the same Essence and Being type as me, and that motivated me to create a database of the Typology of celebrities. Devon inspired me to share this information in a way that younger generations could have fun and play with it.

Many thanks to Roxanne Fiorenzo for her friendship, values, *longing to know* questions, and finding great value in knowing the Sacred Typology not only of herself, but also the value this language can bring while interrelating with different types in our family, relationships and workplace; and for her using this information to facilitate *turning the energy* during a major healing process involving many family members. Also for her excitement and enthusiasm for using movies as a form of healing, and beginning to practice with her clients before the program was even finished, and for sharing with others how to bring themselves into greater alignment with their Essence and Being.

Thanks also to Scot Corry for his help with the Golf Genre; to Gilbert Stamp for his help with the Football, Baseball and Basketball Genres, as well as increasing the list of women celebrities; to Bruce Sutton for his help with the Civil War and Music Genres; and to Warren Powell for his help with the Alternative Lifestyle Genre.

Deep appreciation to Kristy Alagna for her friendship, encouragement and feedback regarding all the parallels we experience through the unfolding journey as writers; and to Daniel Schaunaman for his enthusiasm, interest, questions, values, feedback, suggestions, working with this material during the creation process, and participating in evaluating typological energy in photos of over 400 celebrities.

Forward

*Each sacred law, with its corresponding diagram, is discussed in greater detail from the perspective of **Sacred Typology**, in the **Essence, Being & Personality** program.*

***Conscious Entertainment** takes some of the objective diagrams and breaks them down or pulls them apart, and uses personal examples from my own life to show how utilizing them facilitates reading the energy of different situations in your life. This empowers you to see situations more consciously – or from a higher or more objective perspective. In turn, this aids the process of releasing ego reactions, victim mentality, and not taking things so personally.*

Some of the diagrams also help you to have more conscious awareness of cycles and patterns in your life. The benefit of seeing these things is that you can only make a choice to change those things that you are conscious or aware of.

Another value of the diagrams is that “a picture speaks a thousand words” and I have found for myself (as well as when I have shared the diagrams and connections with others), that it’s like a light bulb turns on – and you can see things that you could never see before.

*These diagrams also help you to remember – because it’s easier to remember a picture than a thousand words. In addition, each diagram helps you to understand a different aspect of the **Sacred Typology** of your real and true nature.*

*Why did I write **Conscious Entertainment**? In October 2008 I experienced a major collapse of all areas of my life – health, businesses, relationships and direction in life. I kept getting the message from many different Sources that this was a gift (not a curse); because it was time to STOP moving in the direction that I had been heading. My soul had a different plan and purpose, and this was the only way to get me to be still long enough to listen and change direction.*

Besides the death of many areas of my life, I also experienced the death of family members – and all within a short span of time. Although it felt like a kind of horror story, many times we have our greatest awakenings amidst our most painful experiences...out of death and ashes comes birth of new awareness...out of compost grows new life. Thus, from painful experiences I was led to deeper layers of understanding of my soul’s plan and purpose. When that happened, the pain, struggle and worries about mundane stuff disappeared.

For a while, all I could do was de-clutter, clear out old stuff from my space, and watch movies. Then it was like a lightning bolt struck me – I was learning lots of new things from watching movies. I was learning how movies can shift energy and be part of

*a healing process, how to turn the energy of my own experiences from a horror story into a fairy tale, how to read the energy of **Sacred Typology** in new and FUN ways, and how to create **Sacred Typology** to be more relevant and fun – thus **Conscious Entertainment** was born.*

*Wow, this was the wave of the future – fun ways to share with young and old alike, how you can sit in the comfort of your home, eat popcorn, watch movies – and at the same time learn your **Sacred Typology**, and uncover your purpose, aim and destiny **EFFORTLESSLY!***

*This program was created for the older generations (without prior background) to be able to relate to and understand typology; for the younger video generation to have fun and play with **Sacred Typology**; and for everyone in between to have a fun and easy introduction to the sacred laws, **Sacred Typology**, healing body-heart-mind-spirit, and a means to uncover your purpose, aim and destiny.*

*By **Sacred Typology**, I happen to be a **Female-Yang-Kapha-Oxygen/Amiable-Metal-Being-Fa Note** type, which is quite a mouthful – and what does all that mean, anyway?*

*Those words are just symbols that represent a particular category of energy within a specific sacred law, and reveal how energy uniquely expresses through my particular nature. I tend to relate to the world more from a psychological perspective, and much of my life has been about learning the role and power of the mind, thoughts, emotions, feelings, and relationships. This program is an exploration into the psychological realm and how we can relate most effectively with our **Self** and our relationships and experiences.*

*The point of **Conscious Entertainment** is not just about analyzing or evaluating movies, or getting to know me through my personal experiences. The details (content) of my own stories are shared in the context of the sacred laws and **Sacred Typology**, giving you a way to relate with practical examples of how to make your own connections. **Conscious Entertainment** was created to empower you by giving you a **Jump In Time** with the tools to extract the lessons from your experiences by making your own connections and getting something for your **Self** that helps you along your own journey.*

Conscious Entertainment puts it all together and shares:

- *How to read the energy of **Sacred Typology** in the comfort of your own home, while having fun watching movies and entertainment*
- *How to tell whether a movie is quality food and how to get better quality psychological and spiritual nutrition*
- *How to experience tragedy in your life, and then get to the other side of it*
- *How to transform your life by turning the energy to heal or rebalance from pain, loss, death or grief*
- *How to turn situations that feel like horror stories into fairy tales*

- *How to create the Real and True Emotions for heart-centered consciousness, and tapping into your soul*
- *The difference between **Life** and **Self**, and how to bring them into balance*
- *The relationship between **Being** and **Doing** and why both are essential*
- *How **masculine** and **feminine** energies work in relationships, as well as back and forth within your Self*
- *How to peel back the layers, and then interpret the meta-meaning of your experiences, which is necessary in the process of uncovering your true purpose*
- *The six states of **Being** and the six steps that facilitate liberating **Essence** and uncovering your true purpose*
- *Notable celebrities that you can use as role models for success as well as for uncovering your purpose*
- *How to read the energy of 28 Permutations of Light in the face*
- *How to know which celebrities that you love to watch are the same type as you*